



Sisters of the
Precious Blood

A SEASON OF CARE FOR CREATION

ADOPT **1** OF THESE TIPS
EACH WEEK

1. ONLY USE REFILLABLE WATER BOTTLES.
2. STOP USING PLASTIC STRAWS, EVER.
3. WHEN SELF-SERVING FOOD OR DRINKS, TAKE ONLY WHAT YOU KNOW YOU WILL CONSUME.
4. MAKE YOUR OWN COFFEE OR TEA AT HOME SO THAT YOU CAN USE YOUR OWN REUSABLE CUP.
5. DONATE ITEMS THAT ARE STILL IN GOOD USABLE CONDITION.
6. SHOP AT SECOND HAND OR THRIFT SHOPS FIRST.
7. SHARE AND BORROW ITEMS THAT ARE ONLY NEEDED ONCE IN A WHILE.
8. BUNDLE PURCHASES WHEN BUYING ONLINE SO THAT THEY ARE DELIVERED TOGETHER.
9. WASH YOUR CLOTHES IN COLD WATER, ONLY WHEN DIRTY AND HANG THEM UP TO DRY.
10. THINK ABOUT WHAT YOU WANT FROM THE REFRIGERATOR BEFORE YOU OPEN THE DOOR.
11. RESET THE DEFAULT MARGINS IN YOUR DOCUMENTS TO NARROW.
12. REDUCE TOILET PAPER USE BY 1 SQUARE EACH TIME UNTIL YOU FIGURE OUT THE LEAST AMOUNT THAT YOU REALLY NEED.

Caring for Earth
Caring for You

Catholic Sisters Week
March 8-14





**CARE OF
CREATION
PRAYER**

POPE FRANCIS 2016

**O GOD OF THE POOR,
HELP US TO RESCUE
THE ABANDONED
AND FORGOTTEN OF
THIS EARTH,
WHO ARE SO
PRECIOUS IN YOUR
EYES.**

**GOD OF LOVE,
SHOW US OUR PLACE
IN THIS WORLD
AS CHANNELS OF
YOUR LOVE
FOR ALL THE
CREATURES OF THIS
EARTH.**

**GOD OF MERCY,
MAY WE RECEIVE
YOUR FORGIVENESS
AND CONVEY YOUR
MERCY
THROUGHOUT OUR
COMMON HOME.
PRAISE BE TO YOU!**

AMEN.



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